

Mrs. Dorothy Halland

L-353



*begin  
with the*

# RIGHT PATTERN

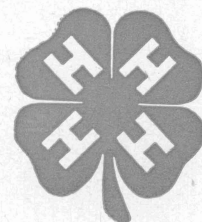
NENA ROBERSON

RHEBA MERLE BOYLES

FANNIE BROWN EATON

GRAHAM HARD

*Extension Clothing Specialists, Texas A. & M. College System*



**T**O ACHIEVE A GOOD FIT in the clothes you make, choose the right pattern. Patterns are sized for different figure types. If you take your measurements correctly, you will be able to select the pattern that is the best size and type for your figure. If you are still growing, it is a good idea to check your measurements each time before you buy a pattern.

## *Strive for Good Measure*

Ask your leader, mother or club partner to take your body measurements. Have on well-fitted undergarments. Strip down to your slip and stand erect, but relaxed. Record your measurements on the chart to the right. This will be your guide for selecting the correct pattern size.

**Bust.** Place the tape around your body over fullest part of the bust and straight across the back. Draw the tape snug but not tight.

**Waist.** Tie a ribbon or string around the smallest part to indicate your normal waistline. Measure here.

**Hips.** Measure around your hips at exactly 7 inches below the normal waistline.

**Back length (neck to waist).** Measure from the socket bone (the most prominent vertebra) at the base of the neck, down to the waistline.

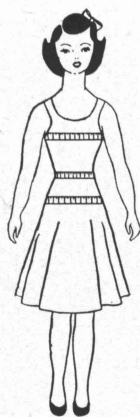
### MY MEASUREMENTS

Bust.....Pattern size.....

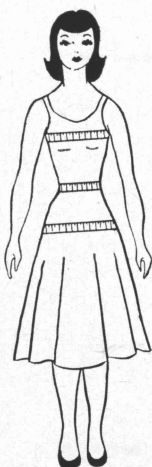
Waist.....Pattern type .....

Hip.....Back length.....

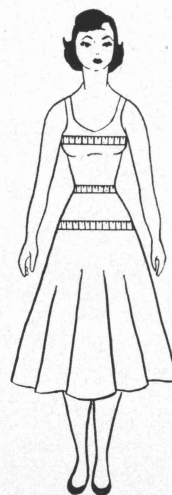
## *What Type Are You?*



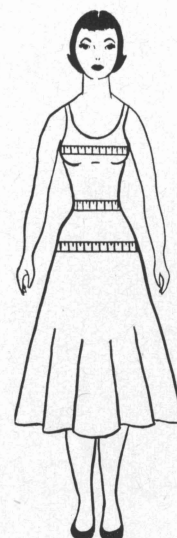
**GIRL** sizes are for the growing figure. Little difference in breast, waist and hip measurements and the figure is shorter.



**TEEN** sizes are for the developing figure that is short-waisted, small through the waist and across the back.



**JUNIOR MISS** sizes are designed for a fully developed young figure that is short and slim with a small waist and high bust.



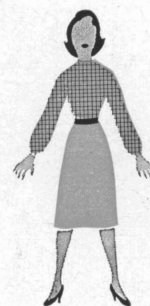
**MISSES** sizes are for the taller figure that is fully developed in bust, waist and hip.

Compare your body measurements with the pattern measurements below. Match your measurements as closely as possible to the pattern size and type. Your mother or leader may help you decide which size and type is right for your figure. Record your pattern type.

SIZE	7	8	10	12	14
Breast	25	26	28	30	32
Waist	22½	23	24	25	26
Hip	27	28	30	32½	35
Back length (neck to waist)	11	11½	12¼	13	13¾



### GIRL SIZES



### TEEN SIZES

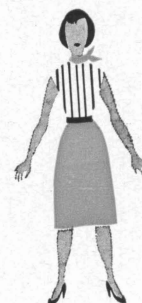


SIZE	10	12	14	16
Bust	30	32	34	36
Waist	24	25	26	28
Hip	32	34	36	38
Back length (neck to waist)	14¾	15	15¼	15½

SIZE	9	11	13	15	17
Bust	30½	31½	33	35	37
Waist	23½	24½	25½	27	28½
Hip	32½	33½	35	37	39
Back length (neck to waist)	15	15¼	15½	15¾	16



### JUNIOR MISS SIZES



### MISSSES SIZES



SIZE	10	12	14	16	18
Bust	31	32	34	36	38
Waist	24	25	26	28	30
Hip	33	34	36	38	40
Back length (neck to waist)	15¾	16	16¼	16½	16¾

If some of your measurements do not tally with those of your pattern size, the difference can be corrected by slight alterations on the pattern. You will have fewer alterations if you choose the pattern most like your figure. Then sewing will be more fun!